WOMEN EMPOWERMENT AND LEADERSHIP MANAGEMENT COURSE

Introduction

This course is designed to equip participants with the knowledge, practical skills, and leadership competencies required to empower women as effective leaders in the workplace, business, public service, and community development. The programme focuses on strengthening leadership capacity, enhancing confidence, promoting gender equality, and developing strategies for advancing women's participation in decision-making at all levels. Participants will explore contemporary leadership theories, gender-responsive leadership, strategic communication, negotiation, emotional intelligence, governance, mentorship, organizational leadership, and women's economic empowerment. The course further examines policy frameworks, inclusive leadership, entrepreneurship, workplace diversity, advocacy, and strategies for overcoming barriers that limit women's advancement. Through practical case studies, leadership assessments, simulations, group discussions, coaching sessions, and action planning exercises, participants will strengthen their ability to lead high-performing teams, influence positive change, advocate for gender equality, and create inclusive organizations that foster sustainable development.

Course Objectives

- Understand the principles of women empowerment and inclusive leadership.
- Develop strategic leadership and management competencies.
- Strengthen communication, negotiation, and influencing skills.
- Enhance emotional intelligence and personal resilience.
- Promote gender equality and women's participation in decision-making.
- Strengthen team leadership, coaching, and mentorship skills.
- Develop strategies for career advancement and organizational leadership.
- Promote women's economic empowerment and entrepreneurship.

- Understand governance, ethics, and accountability in leadership.
- Develop a personal leadership and empowerment action plan.

Course Modules

> Module 1: Foundations of Women Empowerment and Leadership
- Concepts of women empowerment
- Leadership theories and styles
- Gender equality and inclusion
- Women's leadership journey
- Personal leadership assessment
- Building leadership confidence

> Module 2: Strategic Leadership and Management
- Strategic thinking
- Decision-making
- Change management
- Leading high-performing teams
- Performance management
- Results-oriented leadership

> Module 3: Communication, Negotiation and Influence
- Executive communication
- Public speaking
- Negotiation techniques
- Conflict resolution
- Stakeholder engagement
- Influencing without authority

> Module 4: Emotional Intelligence and Personal Effectiveness
- Self-awareness
- Self-management
- Resilience
- Time management
- Work-life integration
- Building executive presence

> Module 5: Governance, Ethics and Gender-Responsive Leadership
- Corporate governance
- Ethical leadership
- Gender mainstreaming
- Inclusive policies
- Accountability
- Legal and policy frameworks

> Module 6: Mentorship, Coaching and Career Development
- Mentorship models
- Coaching skills
- Succession planning
- Networking
- Career planning
- Professional branding

> Module 7: Women's Economic Empowerment and Entrepreneurship
- Financial literacy
- Entrepreneurship
- Business leadership
- Access to finance
- Innovation
- Digital opportunities for women

> Module 8: Future Leadership and Action Planning
- Leading in the digital age
- Diversity and inclusion
- Sustainable Development Goal 5
- Building leadership legacy
- Action planning
- Continuous professional development

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